

September BIC

| <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> |
|--|---|--|---|--|
| <p><u>Mayfield Milk Choices:</u></p> <p>White Skim (13) White 1% (13) Fat Free Chocolate, Vanilla, & Strawberry (No High Fructose Corn Syrup)</p> <p><small>*All school levels may use Breakfast Breaks</small></p> | <p>WG = Whole Grain Equivalent</p> <p>Select up to 2 offerings of fruit, fruit juice and/or vegetable choice of the day</p> | | | |
| 29 | 30 | 31 | 1 | 2 |
| | | | <p>WG Mini Blueberry Waffle(30) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Chicken Biscuit(29) or WG General Mills(14-27) Cereal WG Belly Bears(21) Milk Choice(13)</p> |
| 5 | 6 | 7 | 8 | 9 |
| <i>Student Holiday</i> | <p>WG Sausage Biscuit(23) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Steak Biscuit(34) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Smucker's Cinnamon Waffles(41) or WG General Mills(14-27) Cereal WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Chicken Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> |
| 12 | 13 | 14 | 15 | 16 |
| <p>Orange Dream Loaf (28) w/ Dannon Yogurt-Strawberry Banana(16) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Sausage Biscuit(23) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Chicken Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Mini Blueberry Waffles(30) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Chicken Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> |
| 19 | 20 | 21 | 22 | 23 |
| <p>French Toast Sticks(40) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Sausage Biscuit(23) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>Steak Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Smucker's Cinnamon Waffles(41) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Chicken Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> |
| 26 | 27 | 28 | 29 | 30 |
| <p>Orange Dream Loaf (28) w/ Dannon Yogurt-Strawberry Banana(16) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Sausage Biscuit(23) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>Chicken Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Mini Blueberry Waffle(30) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> | <p>WG Chicken Biscuit(29) or WG General Mills Cereal(14-27) WG Belly Bears(21) Milk Choice(13)</p> |

2016